



GEORGE CROW DMD
PERIODONTICS & IMPLANT SURGERY

THE DAY BEFORE YOUR DENTAL SURGERY

1. Eat normally.
2. Minimize the use of alcoholic beverages.
3. Get a good night's rest. A medication for sleep can be prescribed if you desire.
4. If given an antibiotic, please start taking it the evening prior to surgery.

THE DAY OF YOUR SURGERY

1. You may eat light meals, but avoid excessive liquid intake (especially coffee or tea).
2. Do not drink alcoholic beverages.
3. Wear comfortable, loose fitting clothing with loose sleeves.
4. Take one Motrin (Ibuprofen) 800mg tablet one hour before your appointment to decrease inflammation.

AFTER YOUR SURGERY

1. Go directly home and rest for the remainder of the day.
2. You may be numb for some time after the surgery.
3. A more detailed set of instructions will be given to you at the time of surgery.

If you have any questions or concerns, do not hesitate to call the office.